



# Ayurvedic Herbal Teas & Mini Cookies

Inspired by the healing wisdom of Ayurveda

*Vegan Masala  
Chai Latte*



**WOMEN  
OWNED®**

DelighTeas®

dedicated to your health

# Ayurveda is an ancient science and the medicine of the future.

Ayurveda, known as the "science of Life", is a holistic healing system that was developed in India more than 5,000 years ago to naturally address all layers of the mind, body & soul.


In Ayurveda, teas are the traditional method of delivering the medicinal effects of herbs and spices to your body's tissues.



# Our Mission

Our goal is raising the bar when it comes to the quality of ingredients. We strive to deliver healthy and genuine alternatives without compromising great flavor.

We strongly believe that food is only as good as its ingredients; this is why you will not find any form of refined sugar, GMOs or preservatives in our products.

 Watch our brand video

 Meet the Owner

Vegan Golden  
Milk Latte



Vegan Vanilla  
Sesame Bites







# Why Choose DelighTeas®

- 🍃 **Premium Organic Ingredients\***
- 🍃 **No Ingredients from China**
- 🍃 **No caffeine, refined sugar, gluten, preservatives or GMOs**
- 🍃 **Supports your well-being**
- 🍃 **Made in the USA**
- 🍃 **Affordable pricing**
- 🍃 **Satisfaction Guaranteed**
- 🍃 **Woman-Owned Business**



**WOMEN  
OWNED**

\*All our teas & spice blends are 100% Organic. our Golden Vanilla Cookies are 75% Organic and Carob Chai are 55% Organic.

# Latte & Spice Blends

Best Sellers

For Lattes, Smoothies, Baking & Cooking



All our teas are lab tested to ensure ingredients are free of lead, heavy metals & pesticides.



## Golden Milk Blend

Immune, Joint & Digestive Support\*

**Ingredients:** Organic Turmeric powder, Organic Ceylon Cinnamon powder, Organic Ginger, Organic Black Pepper



## Masala Chai Blend

Immune & Digestive Support\*

**Ingredients:** Organic Ceylon Cinnamon, Organic Ginger, Organic Cardamom, Organic Nutmeg, Organic Cloves, Organic Black Pepper



## Dandelion Chicory Blend

Herbal Coffee Alternative

**Ingredients:** Organic Roasted Chicory root, Organic Roasted Carob, Organic Roasted Dandelion root, Organic Cardamom seeds



# Loose Herbal Teas

Ayurvedic Teas Supporting Digestion & Overall Well-being



The Classics



All our teas are lab tested to ensure ingredients are free of lead, heavy metals & pesticides.

## Herbal Turmeric Tea



**Joint, Immune & Digestive Support\***

**Ingredients:** Organic Turmeric root, Organic Ginger root, Organic Lemongrass, Organic Licorice root

## Stomach Relief & Happy Liver\*



**Herbal Detox Tea**

**Ingredients:** Organic Milk Thistle seeds, Organic Ginger root, Organic Fennel seeds, Organic Peppermint leaf, Organic Licorice root

## Cumin, Coriander & Fennel Tea



**Herbal Detox Tea**

**Ingredients:** Organic Coriander seeds, Organic Fennel seeds, Organic Cumin seeds

## CCF Ginger Tea



**Herbal Detox Tea w/ a kick of Ginger**

**Ingredients:** Organic Coriander seeds, Organic Fennel seeds, Organic Cumin seeds, Organic Ginger root

## Calm & Peace Tulsi Tea



**Adaptogenic Tea Supporting Stress Relief\***

**Ingredients:** Organic Tulsi leaf, Organic Ashwagandha root, Organic Licorice root



**DelighTeas Infuser**

Stainless steel & BPA Free silicon



# Pyramid Tea Bags

16 Luxury Tea Bags in Recyclable Paper Tube



NEW!

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**Joint, Immune & Digestive Support\***

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## Stomach Relief & Liver Support\*



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**Herbal Detox Tea**

**Ingredients:** Organic Coriander seeds, Organic Fennel seeds, Organic Cumin seeds

## CCF Ginger Tea



**Herbal Detox Tea w/ a kick of Ginger**

**Ingredients:** Organic Fennel seeds, Organic Coriander seeds, Organic Cumin seeds, Organic Ginger root

## Calm & Peace Tulsi Tea



**Adaptogenic Tea Supporting Stress Relief\***

**Ingredients:** Organic Tulsi leaf, Organic Ashwagandha root, Organic Licorice root

## Butterfly Pea Flower Bliss Tea



**Blue-tea-ful Tea Supporting Skin & Hair\***

**Ingredients:** Organic Butterfly Pea Flower, Organic Ginger root, Organic Lemongrass, Organic Licorice root



# Pyramid Tea Bag - Singles

Single Luxury Tea Bags in Six Delicious Flavors



100% Compostable



NEW!

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## Herbal Turmeric Tea



**Joint, Immune & Digestive Support\***

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**Stomach Relief & Happy Liver\***

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# What makes our pyramids unique?

- Made from a plant-based compostable material produced from the starches of corn, sugar cane and cassava.
- 100% Compostable – even the string, tag and pouch they come in.
- Translucent material shows off the luxury tea and ingredients inside.
- Woven Plant-Based Pyramids offer superior steeping.
- Each pouch has 16 pyramid bags.
- Each pyramid is abundantly filled with 4g of tea (2g for Butterfly Pea Flower)
- Pouches come packaged inside a beautiful recyclable paper tube.
- Free of dye, glue, plastic & chlorine bleach.



NEW!



DelighTeas®

# Bites

vegan • gluten-free  
mini cookies



We believe healthy food should be accessible to everyone.



PREMIUM INGREDIENTS • AMAZING TASTE • AFFORDABLE PRICES

Available in two sizes:  
Large Pack 3.5 oz | Grab & Go 1.15 oz



# Made with simple ingredients you can trust.



## PREMIUM, GLUTEN-FREE, VEGAN INGREDIENTS

- Vegan
- Gluten-free
- Caffeine & Stimulant free
- No Preservatives
- Non-GMO
- Made in the USA



## ENJOY IT YOUR WAY

Dip your Bites into coffee or lattes, pair them with your daily cup of tea, or cover with milk like cereal.



## CURB CRAVINGS, ANTIME OF DAY

Enjoy DelighTeas Bites for breakfast, lunch treat, dinner dessert, or a late-night snack!

Take them with you to the office, gym, in the car, hiking, and all your adventures.





# Our Clean Ingredient Promise

- We are so proud of our ingredients and hence, we chose to make them large, clear, and easy to read on the back of our packaging. Our ingredients list is short, clean, and clear.
- Most brands in the market use Invert cane syrup and Cane sugar – we use Organic Coconut sugar OR Organic Maple syrup, which are both way healthier and lower in their Glycemic index.
- Most brands in the market use Palm fruit oil, Sunflower oil or Canola oil – we use unrefined Coconut oil, which is far better and healthier.
- Most brands in the market use baking powder – we do not!
- Most brands in the market use added natural flavors – we absolutely do not!
- Our Golden Vanilla Sesame cookies have only 4g of sugar per serving.
- Our Carob Chai cookies have only 7g of sugar per serving.
- We absolutely do not use any of the 230+ WholeFoods Banned Ingredients.



• VEGAN • GLUTEN FREE • DELICIOUS • LIGHTLY SWEETENED WITH ORGANIC COCONUT SUGAR OR ORGANIC MAPLE SYRUP • CAFFEINE FREE • NO PRESERVATIVES • NON-GMO • MADE IN THE USA





# Other Products You Will Love



## The Golden Milk Collection

An elegant gift box, including:

- Our best-selling Golden Milk Blend
- The Golden Milk Cookbook
- An inspiring note

Get inspired to use our Golden Milk blend in new & exciting ways to nourish your body, mind and soul. Makes a beautiful gift set for holidays.







# Customer Reviews

*"The Golden Milk is delicious. Coming from an Indian background, it tasted authentic. The quality of the product is excellent, and the flavors were perfect and balanced."*

- REVIEW FOR GOLDEN MILK BLEND

*"A delicious simple way to get the anti-inflammatory benefits of these spices."*

- REVIEW FOR GOLDEN MILK BLEND

*"This tea is wonderful and is the favorite of everyone in my household, including teenagers."*

- REVIEW FOR STOMACH RELIEF & LIVER SUPPORT TEA

*"I bought this to soothe and repair digestive system. Very effective and taste was pleasant."*

- REVIEW FOR CCF WITH GINGER

*"Great quality item. A must have for me each day."*

- REVIEW FOR CCF WITH GINGER

*"Very fresh, ingredients are great quality. Nice flavor, no sugar needed."*

- REVIEW FOR STOMACH RELIEF & LIVER SUPPORT TEA

*"Wanted a herbal healthy warm tea drink and this mix satisfies it. It is smooth and for sure the turmeric is in abundance in there."*

- REVIEW FOR HERBAL TURMERIC TEA

*"Best thing I ever bought, exceeding my expectations. Took away my acid reflux and indigestion. Love the flavor and cheaper than any latte. You get a lot for the amount you pay. Please never quit making it. First thing holistic that works."*

- REVIEW FOR MASALA CHAI BLEND



# Meet The Founder



Idit founded A&I Nutreats to promote joy and positivity through nourishing and authentic Ayurvedic products. Inspired by her mother at a young age, and now a mother of twins herself, Idit understands the importance of clean ingredients and the power of Ayurveda's medicinal benefits. Idit is committed to the highest standard of health and excellence in life and business.

*"I believe that everybody should know what is in their food and what effect the ingredients have on their body."*



**Idit Or**, Founder & Owner of A&I Nutreats





# Contact Us

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\* These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease. Consult with your physician prior to use if you are pregnant, nursing or taking any medications.